

Quadragesima Sunday is named from the Latin word for "fortieth" (because it is now only 42 days until Easter), and is also known as Invocabit Sunday, because the Introit of the Mass begins with the word invocabit (Latin for "he will call"), which is taken from the 91st psalm, wherein we are urged to confidence in God, who willingly hears the prayer of the penitent:

15 When he calls to me, I will answer him;
I will be with him in trouble;
I will rescue him and honor him.

16 With long life I will satisfy him
and show him my salvation."

1 He who dwells in the shelter of the Most High
will abide in the shadow of the Almighty.

This is the first Sunday in Lent. Lent is meant to be a time of repentance. These 40 days are set aside to praise and worship the Lord; to read the Bible more, and to pray more often. Christians who observe Lent correctly anticipate deeper intimacy with the Lord.

Christians honor the 40 days and nights following Christ's baptism when He went into the wilderness without water and food and was tempted by Satan. During that time, Christ did what we do today when we fast: wrestle with temptation. This was not the first fast; biblical figures often fasted when petitioning God for something important. "So we fasted and implored our God [...], and he listened to our entreaty" (**Ezra 8:23**). The Israelites "mourned and wept and fasted till evening for Saul and his son Jonathan, and for the army of the LORD and for the nation of Israel, because they had fallen by the sword" (**2 Samuel 1:12**).

Additional Psalms

Psalm 32; antiphon: v. 7

Blessed Are the Forgiven

¹Blessèd is the one whose transgression is for- | given,*
whose sin is | covered.

²Blessèd is the man against whom the LORD counts no in- | iquity,*
and in whose spirit there is | no deceit.

³For when I kept silent, my bones wast- | ed away*
through my groaning | all day long.

⁴For day and night your hand was heavy up- | on me;*
my strength was dried up as by the heat of | summer.

⁵I acknowledged my sin to you,
and I did not cover my in- | iquity;*
I said, "I will confess my transgressions to the LORD,"
and you forgave the iniquity | of my sin.

⁶Therefore let everyone who is godly
offer prayer to you at a time when you | may be found;*
surely in the rush of great waters,
they shall not | reach him.

⁷You are a hiding place for me;
you preserve me from | trouble;*
you surround me with shouts of de- | liverance.

⁸I will instruct you and teach you in the way | you should go;*
I will counsel you with my eye up- | on you.

⁹Be not like a horse or a mule, without under- | standing,*
which must be curbed with bit and bridle,
or it will not stay | near you.

¹⁰Many are the sorrows of the | wicked,*
but steadfast love surrounds the one who trusts | in the LORD.

¹¹Be glad in the LORD, and rejoice, O | righteous,*
and shout for joy, all you up- | right in heart!

Reading

Genesis 3:1–21

The Fall

¹Now the serpent was more crafty than any other beast of the field that the LORD God had made.

He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?" ²And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, ³but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'" ⁴But the serpent said to the woman, "You will not surely die. ⁵For God knows that

when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.⁷ Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

⁸And they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.⁹ But the LORD God called to the man and said to him, “Where are you?”¹⁰ And he said, “I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself.”¹¹ He said, “Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?”¹² The man said, “The woman whom you gave to be with me, she gave me fruit of the tree, and I ate.”¹³ Then the LORD God said to the woman, “What is this that you have done?” The woman said, “The serpent deceived me, and I ate.”

¹⁴The LORD God said to the serpent,

“Because you have done this,
cursed are you above all livestock
and above all beasts of the field;
on your belly you shall go,
and dust you shall eat
all the days of your life.

¹⁵I will put enmity between you and the woman,
and between your offspring and her offspring;
he shall bruise your head,
and you shall bruise his heel.”

¹⁶To the woman he said,

“I will surely multiply your pain in childbearing;
in pain you shall bring forth children.
Your desire shall be for your husband,
and he shall rule over you.”

¹⁷And to Adam he said,

“Because you have listened to the voice of your wife
and have eaten of the tree
of which I commanded you,
‘You shall not eat of it,’
cursed is the ground because of you;
in pain you shall eat of it all the days of your life;
¹⁸thorns and thistles it shall bring forth for you;
and you shall eat the plants of the field.
¹⁹By the sweat of your face
you shall eat bread,
till you return to the ground,
for out of it you were taken;
for you are dust,
and to dust you shall return.”

²⁰The man called his wife’s name Eve, because she was the mother of all living.
²¹And the LORD God made for Adam and for his wife garments of skins and clothed them.

Reading

2 Corinthians 6:1–10

¹Working together with him, then, we appeal to you not to receive the grace of God in vain. ²For he says,

“In a favorable time I listened to you,
and in a day of salvation I have helped you.”

Behold, now is the favorable time; behold, now is the day of salvation. ³We put no obstacle in anyone’s way, so that no fault may be found with our ministry, ⁴but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, ⁵beatings, imprisonments, riots, labors, sleepless nights, hunger; ⁶by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; ⁷by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; ⁸through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; ⁹as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; ¹⁰as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything.

The Temptation of Jesus

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²And after fasting forty days and forty nights, he was hungry. ³And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” ⁴But he answered, “It is written,

“Man shall not live by bread alone,
but by every word that comes from the mouth of God.”

⁵Then the devil took him to the holy city and set him on the pinnacle of the temple ⁶and said to him, “If you are the Son of God, throw yourself down, for it is written,

“He will command his angels concerning you,’

and

“On their hands they will bear you up,
lest you strike your foot against a stone.”

⁷Jesus said to him, “Again it is written, ‘You shall not put the Lord your God to the test.’” ⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. ⁹And he said to him, “All these I will give you, if you will fall down and worship me.” ¹⁰Then Jesus said to him, “Be gone, Satan! For it is written,

“You shall worship the Lord your God
and him only shall you serve.”

¹¹Then the devil left him, and behold, angels came and were ministering to him.

Acknowledgments

Matins from Lutheran Service Book

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