

Additional Psalms

Psalm 121; antiphon: vv. 1–2

My Help Comes from the LORD

- ¹I lift up my eyes | to the hills.*
From where does my | help come?
- ²My help comes | from the LORD,*
who made | heaven and earth.
- ³He will not let your | foot be moved;*
he who keeps you will not | slumber.
- ⁴Behold, he who keeps | Israel*
will neither slum- | ber nor sleep.
- ⁵The LORD is your | keeper;*
the LORD is your shade on your | right hand.
- ⁶The sun shall not strike | you by day,*
nor the | moon by night.
- ⁷The LORD will keep you from all | evil;*
he will | keep your life.
- ⁸The LORD will keep
your going out and your | coming in*
from this time forth and for- | evermore.

Reading

Genesis 32:22–32

Jacob Wrestles with God

²²The same night he arose and took his two wives, his two female servants, and his eleven children, and crossed the ford of the Jabbok. ²³He took them and sent them across the stream, and everything else that he had. ²⁴And Jacob was left alone. And a man wrestled with him until the breaking of the day. ²⁵When the man saw that he did not prevail against Jacob, he touched his hip socket, and Jacob's hip was put out of joint as he wrestled with him. ²⁶Then he said, "Let me go, for the day has broken." But Jacob said, "I will not let you go unless you bless me." ²⁷And he said to him, "What is your name?" And he said, "Jacob." ²⁸Then he said, "Your name shall no longer be called Jacob, but Israel, for you have striven with God and with men, and have prevailed." ²⁹Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. ³⁰So Jacob called the name of the place Peniel, saying, "For I have seen God face to face, and yet my life has been delivered." ³¹The sun rose upon

him as he passed Penuel, limping because of his hip. ³²Therefore to this day the people of Israel do not eat the sinew of the thigh that is on the hip socket, because he touched the socket of Jacob's hip on the sinew of the thigh.

Reading

Romans 5:1–5

Peace with God Through Faith

¹Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. ²Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. ³More than that, we rejoice in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

Reading

Matthew 15:21–28

The Faith of a Canaanite Woman

²¹Jesus went away from there and withdrew to the district of Tyre and Sidon. ²²And behold, a Canaanite woman from that region came out and was crying, "Have mercy on me, O Lord, Son of David; my daughter is severely oppressed by a demon." ²³But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying out after us." ²⁴He answered, "**I was sent only to the lost sheep of the house of Israel.**" ²⁵But she came and knelt before him, saying, "Lord, help me." ²⁶And he answered, "**It is not right to take the children's bread and throw it to the dogs.**" ²⁷She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." ²⁸Then Jesus answered her, "**O woman, great is your faith! Be it done for you as you desire.**" And her daughter was healed instantly.

Acknowledgments

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