



P In the name of the Father and of the Son and of the Holy Spirit.

C Amen.

P I will go to the altar of God,

C to God my exceeding joy.

P Our help is in the name of the Lord,

C who made heaven and earth.

P During this Lenten season we have heard our Lord's call to intensify our struggle against sin, death, and the devil—all that prevents us from trusting in God and loving each other. Since it is our intention to receive the Holy Supper of our Lord Jesus Christ on this night when He instituted this blessed meal for our salvation, it is proper that we complete our Lenten discipline by diligently examining ourselves, as St. Paul urges us to do. This holy Sacrament has been instituted for the special comfort of those who are troubled because of their sin and who humbly confess their sins, fear God's wrath, and hunger and thirst for righteousness.

But when we examine our hearts and consciences, we find nothing in us but sin and death, from which we are incapable of delivering ourselves. Therefore, our Lord Jesus Christ has had mercy on us. For our benefit He became man so that He might fulfill for us the whole will and law of God and, to deliver us, took upon Himself our sin and the punishment we deserve.

So that we may more confidently believe this and be strengthened in the faith and in holy living, our Lord Jesus Christ took bread, broke it, and gave it to His disciples and said: "Take, eat; this is My body, which is given for you." It is as if He said, "I became man, and all that I do and suffer is for your good. As a pledge of this, I give you My body to eat."

In the same way also He took the cup, gave thanks, and gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins." Again, it is as if He said, "I have had mercy on you by taking into Myself all your iniquities. I give Myself into death, shedding My blood to obtain grace and forgiveness of sins, and to comfort and establish the new testament, which gives forgiveness and everlasting salvation. As a pledge of this, I give you My blood to drink."

Therefore, whoever eats this bread and drinks this cup, confidently believing this Word and promise of Christ, dwells in Christ and Christ in him and has eternal life.

We should also do this in remembrance of Him, showing His death—that He was delivered for our offenses and raised for our justification. Giving Him our most heartfelt thanks, we take up our cross and follow Him and, according to His commandment, love one another as He has loved us. As our Lord on this night exemplified this love by washing His disciples' feet, so we by our words and actions serve one another in love. For we are all one bread and one body, even as we are all partakers of this one bread and drink from the one cup. For just as the one cup is filled with the wine of many grapes and one bread made from countless grains, so also we, being many, are one body in Christ. Because of Him, we love one another, not only in word, but in deed and in truth.

May the almighty and merciful God and Father of our Lord Jesus Christ, by His Holy Spirit, accomplish this in us.

C Amen.

P Having heard the Word of God, let us confess our sins, imploring God our Father for the sake of His Son, Jesus Christ, to grant us forgiveness.

P O almighty God, merciful Father,

C I, a poor, miserable sinner, confess unto You all my sins and iniquities with which I have ever offended You and justly deserved Your temporal and eternal punishment. But I am heartily sorry for them and sincerely repent of them, and I pray You of Your boundless mercy and for the sake of the holy, innocent, bitter sufferings and death of Your beloved Son, Jesus Christ, to be gracious and merciful to me, a poor, sinful being.

P God be merciful to you and strengthen your faith.

C Amen.

P Do you believe that the forgiveness I speak is not my forgiveness but God's?

C Yes.

P Let it be done for you as you believe.

P In the stead and by the command of my Lord Jesus Christ I forgive you all your sins in the name of the Father and of the † Son and of the Holy Spirit.

C Amen.

P Now may the God of peace Himself sanctify you completely, and may your whole spirit, soul, and body be kept blameless at the coming of our Lord Jesus Christ. He who calls you is faithful; He will surely do it. Go in † peace.

C Amen.

Salutation and Collect of the Day

P The Lord be with you.

C And also with you.

P Let us pray.

O Lord, in this wondrous Sacrament You have left us a remembrance of Your passion. Grant that we may so receive the sacred mystery of Your body and blood that the fruits of Your redemption may continually be manifest in us; for You live and reign with the Father and the Holy Spirit, one God, now and forever.

C Amen.

Old Testament Reading

Exodus 12:1–14

A This is the Word of the Lord.

C Thanks be to God.

Psalm

Psalm 116:12–19; antiphon: v. 17

What shall I render to the LORD
for all his benefits to me?

I will lift up the cup of salvation
and call on the name of the LORD,

I will pay my vows to the LORD
in the presence of all his people.

Precious in the sight of the LORD
is the death of his saints.

O LORD, I am your servant;
I am your servant, the son of your maidservant.
You have loosed my bonds.

I will offer to you the sacrifice of thanksgiving
and call on the name of the LORD.

I will pay my vows to the LORD
in the presence of all his people,
in the courts of the house of the LORD,
in your midst, O Jerusalem. Praise the LORD!

Epistle

1 Corinthians 11:23–32

A This is the Word of the Lord.

C Thanks be to God.

Holy Gospel

John 13:1–15

- P** The Holy Gospel according to St. John, the thirteenth chapter.
G **Glory to You, O Lord.**

...

- P** This is the Gospel of the Lord.
G **Praise to You, O Christ.**

617 O Lord, We Praise Thee

- 1 O Lord, we praise Thee, bless Thee, and adore Thee,
In thanksgiving bow before Thee.
Thou with Thy body and Thy blood didst nourish
Our weak souls that they may flourish:
O Lord, have mercy!
May Thy body, Lord, born of Mary,
That our sins and sorrows did carry,
And Thy blood for us plead
In all trial, fear, and need:
O Lord, have mercy!
- 2 Thy holy body into death was given,
Life to win for us in heaven.
No greater love than this to Thee could bind us;
May this feast thereof remind us!
O Lord, have mercy!
Lord, Thy kindness did so constrain Thee
That Thy blood should bless and sustain me.
All our debt Thou hast paid;
Peace with God once more is made:
O Lord, have mercy!
- 3 May God bestow on us His grace and favor
That we follow Christ our Savior
And live together here in love and union
Nor despise this blest Communion!
O Lord, have mercy!
Let not Thy good Spirit forsake us;
Grant that heav'nly-minded He make us;
Give Thy Church, Lord, to see
Days of peace and unity:
O Lord, have mercy!

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Sermon "A Foot Washing Mentality"

Prayer of the Church

Lord's Prayer

- G** **Our Father who art in heaven,
hallowed be Thy name,
Thy kingdom come,
Thy will be done on earth
as it is in heaven;
give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

**For Thine is the kingdom
and the power and the glory
forever and ever. Amen.**

Pax Domini

P The peace of the Lord be with you always.

C Amen.

Stripping of the Altar

My God, my God, why have you forsaken me?

Why are you so far from saving me, from the words of my groaning?

O my God, I cry by day, but you do not answer,
and by night, but I find no rest.

Yet you are holy,
enthroned on the praises of Israel.

In you our fathers trusted;
they trusted, and you delivered them.

To you they cried and were rescued;
in you they trusted and were not put to shame.

But I am a worm and not a man,
scorned by mankind and despised by the people.

All who see me mock me;
they make mouths at me; they wag their heads;
“He trusts in the LORD; let him deliver him;
let him rescue him, for he delights in him!”

Yet you are he who took me from the womb;
you made me trust you at my mother’s breasts.

On you was I cast from my birth,
and from my mother’s womb you have been my God.

Be not far from me,
for trouble is near,
and there is none to help.

Many bulls encompass me;
strong bulls of Bashan surround me;
they open wide their mouths at me,
like a ravening and roaring lion.

I am poured out like water,
and all my bones are out of joint;
my heart is like wax;
it is melted within my breast;
my strength is dried up like a potsherd,
and my tongue sticks to my jaws;
you lay me in the dust of death.

For dogs encompass me;
a company of evildoers encircles me;
they have pierced my hands and feet—
I can count all my bones—
they stare and gloat over me;
they divide my garments among them,
and for my clothing they cast lots.

But you, O LORD, do not be far off!
O you my help, come quickly to my aid!
Deliver my soul from the sword,
my precious life from the power of the dog!
Save me from the mouth of the lion!

You have rescued me from the horns of the wild oxen!

I will tell of your name to my brothers;
in the midst of the congregation I will praise you:

You who fear the LORD, praise him!

All you offspring of Jacob, glorify him,
and stand in awe of him, all you offspring of Israel!

For he has not despised or abhorred
the affliction of the afflicted,
and he has not hidden his face from him,
but has heard, when he cried to him.

From you comes my praise in the great congregation;
my vows I will perform before those who fear him.

The afflicted shall eat and be satisfied;
those who seek him shall praise the LORD!
May your hearts live forever!

All the ends of the earth shall remember
and turn to the LORD,
and all the families of the nations
shall worship before you.

For kingship belongs to the LORD,
and he rules over the nations.

All the prosperous of the earth eat and worship;
before him shall bow all who go down to the dust,
even the one who could not keep himself alive.

Posterity shall serve him;
it shall be told of the Lord to the coming generation;
they shall come and proclaim his righteousness to a people yet unborn,
that he has done it.

Acknowledgments

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