

## Psalm

*Psalm 146; antiphon: v. 8*

### Do Not Put Your Trust in Princes

<sup>1</sup>Praise | the LORD!\*

Praise the LORD, | O my soul!

<sup>2</sup>I will praise the LORD as long | as I live;\*

I will sing praises to my God while I have my | being.

<sup>3</sup>Put not your trust in | princes,\*

in a son of man, in whom there is no sal- | vation.

<sup>4</sup>When his breath departs he returns | to the earth;\*

on that very day his plans | perish.

<sup>5</sup>Blessèd is he whose help is the God of | Jacob,\*

whose hope is in the | LORD his God,

<sup>6</sup>who made heaven and earth,

the sea, and all that is | in them,\*

who keeps faith for- | ever;

<sup>7</sup>who executes justice for | the oppressed,\*

who gives food to the | hungry.

The LORD sets the prisoners free;

<sup>8</sup>the LORD opens the eyes | of the blind.\*

The LORD lifts up those who are bowed down;

the LORD loves the | righteous.

<sup>9</sup>The LORD watches over the sojourners;

he upholds the widow and the | fatherless,\*

but the way of the wicked he brings to | ruin.

<sup>10</sup>The LORD will reign for- | ever,\*

your God, O Zion, to all generations. | Praise the LORD!

## Old Testament Reading

*Isaiah 29:17–24*

<sup>17</sup>Is it not yet a very little while  
until Lebanon shall be turned into a fruitful field,  
and the fruitful field shall be regarded as a forest?

<sup>18</sup>In that day the deaf shall hear  
the words of a book,

and out of their gloom and darkness  
the eyes of the blind shall see.

<sup>19</sup>The meek shall obtain fresh joy in the LORD,  
and the poor among mankind shall exult in the Holy One of Israel.

<sup>20</sup>For the ruthless shall come to nothing  
and the scoffer cease,  
and all who watch to do evil shall be cut off,

<sup>21</sup>who by a word make a man out to be an offender,  
and lay a snare for him who reproves in the gate,  
and with an empty plea turn aside him who is in the right.

<sup>22</sup>Therefore thus says the LORD, who redeemed Abraham, concerning the  
house of Jacob:

“Jacob shall no more be ashamed,  
no more shall his face grow pale.

<sup>23</sup>For when he sees his children,  
the work of my hands, in his midst,  
they will sanctify my name;  
they will sanctify the Holy One of Jacob  
and will stand in awe of the God of Israel.

<sup>24</sup>And those who go astray in spirit will come to understanding,  
and those who murmur will accept instruction.”

## Gradual

*Psalm 34:1–2*

I will bless the LORD at | all times;\*  
his praise shall continually be | in my mouth.  
My soul makes its boast | in the LORD;\*  
let the humble hear | and be glad.

## Epistle

*2 Corinthians 3:4–11*

<sup>4</sup>Such is the confidence that we have through Christ toward God. <sup>5</sup>Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God, <sup>6</sup>who has made us competent to be ministers of a new covenant, not of the letter but of the Spirit. For the letter kills, but the Spirit gives life.

<sup>7</sup>Now if the ministry of death, carved in letters on stone, came with such glory that the Israelites could not gaze at Moses' face because of its glory, which was being brought to an end, <sup>8</sup>will not the ministry of the Spirit have even more glory? <sup>9</sup>For if there was glory in the ministry of condemnation, the ministry of righteousness must far exceed it in glory. <sup>10</sup>Indeed, in this case, what once had glory has come to have no glory at all, because of the glory that surpasses it. <sup>11</sup>For if what was being brought to an end came with glory, much more will what is permanent have glory.

## Holy Gospel

*Mark 7:31–37*

### Jesus Heals a Deaf Man

<sup>31</sup>[Jesus] returned from the region of Tyre and went through Sidon to the Sea of Galilee, in the region of the Decapolis. <sup>32</sup>And they brought to him a man who was deaf and had a speech impediment, and they begged him to lay his hand on him. <sup>33</sup>And taking him aside from the crowd privately, he put his fingers into his ears, and after spitting touched his tongue. <sup>34</sup>And looking up to heaven, he sighed and said to him, “**Ephphatha,**” that is, “**Be opened.**” <sup>35</sup>And his ears were opened, his tongue was released, and he spoke plainly. <sup>36</sup>And Jesus charged them to tell no one. But the more he charged them, the more zealously they proclaimed it. <sup>37</sup>And they were astonished beyond measure, saying, “He has done all things well. He even makes the deaf hear and the mute speak.”

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