

## Psalm

*Psalm 146; antiphon: v. 9a*

### Do Not Put Your Trust in Princes

<sup>1</sup>Praise | the LORD!\*

Praise the LORD, | O my soul!

<sup>2</sup>I will praise the LORD as long | as I live;\*

I will sing praises to my God while I have my | being.

<sup>3</sup>Put not your trust in | princes,\*

in a son of man, in whom there is no sal- | vation.

<sup>4</sup>When his breath departs he returns | to the earth;\*

on that very day his plans | perish.

<sup>5</sup>Blessèd is he whose help is the God of | Jacob,\*

whose hope is in the | LORD his God,

<sup>6</sup>who made heaven and earth,

the sea, and all that is | in them,\*

who keeps faith for- | ever;

<sup>7</sup>who executes justice for | the oppressed,\*

who gives food to the | hungry.

The LORD sets the prisoners free;

<sup>8</sup>the LORD opens the eyes | of the blind.\*

The LORD lifts up those who are bowed down;

the LORD loves the | righteous.

<sup>9</sup>The LORD watches over the sojourners;

he upholds the widow and the | fatherless,\*

but the way of the wicked he brings to | ruin.

<sup>10</sup>The LORD will reign for- | ever,\*

your God, O Zion, to all generations. | Praise the LORD!

## Old Testament Reading

1 Kings 17:8–16

### The Widow of Zarephath

<sup>8</sup>Then the word of the LORD came to [Elijah], <sup>9</sup>“Arise, go to Zarephath, which belongs to Sidon, and dwell there. Behold, I have commanded a widow there to feed you.” <sup>10</sup>So he arose and went to Zarephath. And when he came to the gate of the city, behold, a widow was there gathering sticks. And he called to her and said, “Bring me a little water in a vessel, that I may drink.” <sup>11</sup>And as she was going to bring it, he called to her and said, “Bring me a morsel of bread in your hand.” <sup>12</sup>And she said, “As the LORD your God lives, I have nothing baked, only a handful of flour in a jar and a little oil in a jug. And now I am gathering a couple of sticks that I may go in and prepare it for myself and my son, that we may eat it and die.” <sup>13</sup>And Elijah said to her, “Do not fear; go and do as you have said. But first make me a little cake of it and bring it to me, and afterward make something for yourself and your son. <sup>14</sup>For thus says the LORD the God of Israel, ‘The jar of flour shall not be spent, and the jug of oil shall not be empty, until the day that the LORD sends rain upon the earth.’” <sup>15</sup>And she went and did as Elijah said. And she and he and her household ate for many days. <sup>16</sup>The jar of flour was not spent, neither did the jug of oil become empty, according to the word of the LORD that he spoke by Elijah.

## Gradual

Psalm 118:8–9

It is better to take refuge | in the LORD\*  
than to | trust in man.

It is better to take refuge | in the LORD\*  
than to trust in | princes.

## Epistle

Galatians 5:25—6:10

<sup>25</sup>If we live by the Spirit, let us also walk by the Spirit. <sup>26</sup>Let us not become conceited, provoking one another, envying one another.

### Bear One Another's Burdens

<sup>1</sup>Brothers, if anyone is caught in any transgression, you who are spiritual should restore him in a spirit of gentleness. Keep watch on yourself, lest you too be tempted. <sup>2</sup>Bear one another's burdens, and so fulfill the law of Christ. <sup>3</sup>For if anyone thinks he is something, when he is nothing, he deceives himself. <sup>4</sup>But let

each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. <sup>5</sup>For each will have to bear his own load.

<sup>6</sup>One who is taught the word must share all good things with the one who teaches. <sup>7</sup>Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. <sup>8</sup>For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. <sup>9</sup>And let us not grow weary of doing good, for in due season we will reap, if we do not give up. <sup>10</sup>So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith.

## Holy Gospel

*Matthew 6:24–34*

<sup>24</sup>[Jesus said:] “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

### Do Not Be Anxious

<sup>25</sup>“Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? <sup>26</sup>Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup>And which of you by being anxious can add a single hour to his span of life? <sup>28</sup>And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, <sup>29</sup>yet I tell you, even Solomon in all his glory was not arrayed like one of these. <sup>30</sup>But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? <sup>31</sup>Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ <sup>32</sup>For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. <sup>33</sup>But seek first the kingdom of God and his righteousness, and all these things will be added to you.

<sup>34</sup>“Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.”

## **Acknowledgments**

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