

Introit

Psalm 122:1–2, 6, 8; antiphon: Isaiah 66:10a, 11a

Rejoice with Jerusalem, and be | glad for her, *

all you who | love her;

that you may nurse and be | satisfied*

from her con- | soling breast.

I was glad when they | said to me, *

“Let us go to the house | of the LORD!”

Our feet have been | standing*

within your gates, O Je- | rusalem!

Pray for the peace of Je- | rusalem!*

May they be secure who | love you!

For my brothers and com- | panions’ sake*

I will say, “Peace be with- | in you!”

Glory be to the Father and | to the Son*

and to the Holy | Spirit;

as it was in the be- | ginning,*

is now, and will be forever. | Amen.

Rejoice with Jerusalem, and be | glad for her, *

all you who | love her;

that you may nurse and be | satisfied*

from her con- | soling breast.

Old Testament Reading

Exodus 16:2–21

²And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, ³and the people of Israel said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

⁴Then the LORD said to Moses, “Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day’s portion every day, that I may test them, whether they will walk in my law or not. ⁵On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.”

⁶So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the LORD who brought you out of the land of Egypt, ⁷and in the morning you shall see the glory of the LORD, because he has heard your grumbling against the LORD. For what are we, that you grumble against us?” ⁸And Moses

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said, “When the LORD gives you in the evening meat to eat and in the morning bread to the full, because the LORD has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the LORD.”

⁹Then Moses said to Aaron, “Say to the whole congregation of the people of Israel, ‘Come near before the LORD, for he has heard your grumbling.’” ¹⁰And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. ¹¹And the LORD said to Moses, ¹²“I have heard the grumbling of the people of Israel. Say to them, ‘At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the LORD your God.’”

¹³In the evening quail came up and covered the camp, and in the morning dew lay around the camp. ¹⁴And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. ¹⁵When the people of Israel saw it, they said to one another, “What is it?” For they did not know what it was. And Moses said to them, “It is the bread that the LORD has given you to eat. ¹⁶This is what the LORD has commanded: ‘Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.’” ¹⁷And the people of Israel did so. They gathered, some more, some less. ¹⁸But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat. ¹⁹And Moses said to them, “Let no one leave any of it over till the morning.” ²⁰But they did not listen to Moses. Some left part of it till the morning, and it bred worms and stank. And Moses was angry with them. ²¹Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted.

Psalm

Psalm 132:8–18; antiphon: v. 13

⁸Arise, O LORD, and go to your | resting place,*
you and the ark | of your might.

⁹Let your priests be clothed with | righteousness,*
and let your saints | shout for joy.

¹⁰For the sake of your servant | David,*
do not turn away the face of your a- | noointed one.

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¹¹The LORD swore to David a sure oath
from which he will | not turn back:*

“One of the sons of your body
I will set | on your throne.

¹²If your sons keep my covenant
and my testimonies that I shall | teach them,*
their sons also forever
shall sit | on your throne.”

¹³For the LORD has chosen | Zion;*
he has desired it for his | dwelling place:

¹⁴“This is my resting place for- | ever;*
here I will dwell, for I have de- | sired it.

¹⁵I will abundantly bless her pro- | visions;*
I will satisfy her | poor with bread.

¹⁶Her priests I will clothe with sal- | vation,*
and her saints will | shout for joy.

¹⁷There I will make a horn to sprout for | David;*
I have prepared a lamp for my a- | nointed.

¹⁸His enemies I will | clothe with shame,*
but on him his | crown will shine.”

Second Reading

Acts 2:41–47

⁴¹So those who received his word were baptized, and there were added that day about three thousand souls.

The Fellowship of the Believers

⁴²And they devoted themselves to the apostles’ teaching and fellowship, to the breaking of bread and the prayers. ⁴³And awe came upon every soul, and many wonders and signs were being done through the apostles. ⁴⁴And all who believed were together and had all things in common. ⁴⁵And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. ⁴⁶And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, ⁴⁷praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

Tract

Psalm 125:1–2, 5b

Those who trust in the LORD are like Mount | Zion, *
which cannot be moved, but abides for- | ever.

As the mountains surround Jerusalem, so the LORD surrounds his | people, *
from this time forth and forevermore. Peace be upon | Israel!

Holy Gospel

John 6:1–15

Jesus Feeds the Five Thousand

¹After this Jesus went away to the other side of the Sea of Galilee, which is the Sea of Tiberias. ²And a large crowd was following him, because they saw the signs that he was doing on the sick. ³Jesus went up on the mountain, and there he sat down with his disciples. ⁴Now the Passover, the feast of the Jews, was at hand. ⁵Lifting up his eyes, then, and seeing that a large crowd was coming toward him, Jesus said to Philip, “Where are we to buy bread, so that these people may eat?” ⁶He said this to test him, for he himself knew what he would do. ⁷Philip answered him, “Two hundred denarii would not buy enough bread for each of them to get a little.” ⁸One of his disciples, Andrew, Simon Peter’s brother, said to him, ⁹“There is a boy here who has five barley loaves and two fish, but what are they for so many?” ¹⁰Jesus said, “Have the people sit down.” Now there was much grass in the place. So the men sat down, about five thousand in number. ¹¹Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted. ¹²And when they had eaten their fill, he told his disciples, “Gather up the leftover fragments, that nothing may be lost.” ¹³So they gathered them up and filled twelve baskets with fragments from the five barley loaves, left by those who had eaten. ¹⁴When the people saw the sign that he had done, they said, “This is indeed the Prophet who is to come into the world!”

¹⁵Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

Acknowledgments

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